



President: The Mayor of
Hammersmith & Fulham



May 1st 2026

MAY NEWSLETTER 2026

Upcoming Techy Tea Party: Clem Attlee Community Hall

We are returning this year with a second round of techy tea parties in and around Fulham as part of our **'Switch on Fulham'** series. A mobile workshop designed to reach those who are 60 and over or have a disability via one-to-one digital support.

Join Fulham Good Neighbours for a welcoming event where you can enjoy **tea, coffee, and delicious treats while getting free digital support!**

Where? Clem Attlee Community Hall (21 Len Freeman Pl, Clem Attlee Court, SW6 7TN)

When? Thursday, 28th May 2026

Time? 1:00 PM – 4:00 PM

Our friendly volunteers can assist you with:

- ✓ Phone, tablet, laptop, and technical help
- ✓ Help with emails, texts, and WhatsApp
- ✓ Online shopping & accessing services
- ✓ Booking GP & NHS appointments
- ✓ AI & other tools

No need to book, just drop-in!

Social Clubs Timetable

Monday

11:00am - Digital Support
2:00pm - Chair-Based Exercise

Tuesday

10:15am - Art
1:00pm - Silver Lunch monthly at Lillie Langtry, The Eight Bells, The Kennedys, The Mitre

Wednesday

1:00pm - Wednesday Lunch, Silver Lunch (monthly at Lillie Langtry)

Thursday

11:00am - Reading
1:00pm - Choir
3:00pm - Chair-Based Exercise

Friday

11:00am - Textiles Workshop



Community Talk: Employment Support with Shaw Trust

Thank you to everyone who joined us for our recent **community talk with Sayema Khanom, Community Integration Officer at Shaw Trust.**

It was a fantastic session, especially for those aged 60+ and individuals living with a disability, where we explored **employment support opportunities** such as job coaching, skills development, and CV guidance.

We're so grateful to our beneficiaries, volunteers, and partners who came along to learn, share, and discuss how we can continue supporting people into work across the Fulham and Hammersmith community.

And of course, it was lovely to stay connected over tea, coffee, and cake afterward.

We look forward to seeing you at future events!



Befriending Feedback

Doreen (95) is grateful for the befriending support she receives from Lyn; they were matched 2 years ago and began their friendship during a 'very difficult time' for Doreen. She considers Lyn to be a great help and is very satisfied with her, in her words, she 'couldn't have asked for anyone better!'.

Doreen is now able to get out of her house via the support of Lyn and be able to socialise outside of her home, which 'has helped (Doreen) a lot'.



Minor Home Repairs & DIY

Contact Fulham Good Neighbours if you need support with any of the following (or similar jobs), please don't hesitate to get in touch:

- Assembling furniture
- Fixing loose handles or hinges
- Putting up shelves or curtain rails
- Replacing light bulbs or batteries
- Fittings, etc.

Call us on 020 7385 8850 to request for help.



Choir Group

Our choir brings people together through the joy of singing in a relaxed and welcoming atmosphere **every Thursday 1:00pm at Rosaline Hall (term-time)**. You don't need to read music or have previous experience, just a love of music and a willingness to join in, an instructor is present to help you develop your skills.

It's a wonderful way to meet others, boost your wellbeing, and be part of something uplifting.

If you'd like to give it a try, we'd love to hear from you!



Volunteer Corner

FGN offers online Mobile Handling and Ladder Safety Training, contact Steve or Barney for access.

If you are concerned about a beneficiary, please call 020 7385 8850 or if you are unable to reach a staff member call LBHF Adult Social Care on 0800 145 6095 (8.45 to 5pm, Monday to Friday). Outside office hours contact 020 8748 8588, email safeguardingadults@lbhf.gov.uk raise a safeguarding alert by completing and sending in this form.

[H&F safeguarding adults at risk concern form](#)

In an emergency please call 999.



Services

Gardening

Free support with garden clearance, lawn care, hedge trimming, and pruning. Eligibility criteria:

- Are unable to manage their garden, balcony or outdoor space due to age or disability
- Have no one else available to assist
- Cannot afford a private gardening service
- To ensure fairness, there is a 12-month gap between visits.

Minor Home Repairs & Decorating

Free support with small tasks like putting up shelves, fixing fittings, replacing bulbs, and small decorating tasks etc.

Befriending

Regular befriending through regular home visits and telephone calls from a trusted volunteer.

Good Neighbour Scheme

Support with tasks including medication delivery, access to the community, assistance with correspondence, shopping, etc.

Digital Support

Digital drop-in every Monday between 11-1pm at Rosaline Hall. At home visits for 1:1 digital support about your device.

Contact us

☎ 020 7385 8850

✉ info@fulhamgoodneighbours.org

🌐 www.fulhamgoodneighbours.org

📍 70 Rosaline Rd, London, SW6 7QT

Social Media

🐦 [fulgdneighbours](#)

📷 [fulhamgoodneighbours](#)

📘 [Fulham Good Neighbours](#)

👤 [Fulham Good Neighbours Service](#)



Support Fulham Good Neighbours

- Tick here if you would like to make a **standing or one-off donation**. Complete the form and send it via post, email (jacdavies@fulhamgoodneighbours.org) or drop it off at Rosaline Hall.
- Tick here if you would like to **leave a gift in your will** to help secure FGN's future. Complete the first section of the form and send it via post, email (florataylor@fulhamgoodneighbours.org) or drop it off at Rosaline Hall.

Your details

TITLE	FIRST NAME	LAST NAME	
<input type="text"/>	<input type="text"/>	<input type="text"/>	
ADDRESS	POST CODE	EMAIL	TELEPHONE NUMBER
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>

To the Bank Manager

NAME OF YOUR BANK (BANK/BUILDING SOCIETY)

ADDRESS OF YOUR BANK

POST CODE

ACCOUNT NAME

ACCOUNT NUMBER

SORT CODE

Standing order mandate

REGISTERED CHARITY

PLEASE RETURN THIS COMPLETED FORM TO:

Fulham Good Neighbours, Rosaline Hall, 70 Rosaline Rd, SW6 7QT, London

I WOULD LIKE TO SET UP A STANDING ORDER FOR £ TO BE PAID (MONTHLY/YEARLY/OTHER)

STARTING PAYMENT ON / /

AND THEREAFTER UNTIL FURTHER NOTICE. PLEASE QUOTE REFERENCE: SUPPORTERS SCHEME

PLEASE PAY THE ABOVE AMOUNT TO:

ACCOUNT NUMBER: ACCOUNT NAME: SORT CODE:

SIGNATURE: DATE: / /

Gift Aid declaration (at no extra cost to you)

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Gift Aid is a tax relief on money donated to UK charities by people who are UK taxpayers

Please increase the value of your donation by 25% by completing this Gift Aid Declaration.

I understand that I must pay an amount of income Tax and/or Capital Gains Tax in the tax year, at least equal to the amount of tax that all the charities and CASCs I donate to, will reclaim on my gifts for that tax year. I understand that other taxes such as VAT and Council Tax do not qualify and the charity will reclaim 25p of tax on every £1 that I have given.